# Reviews

## **PUTTING STORIES TO WORK**

#### By Shawn Callahan

In this informative and compelling book, Callahan strikes a useful balance between conversational discussion, grounding research and practical application.

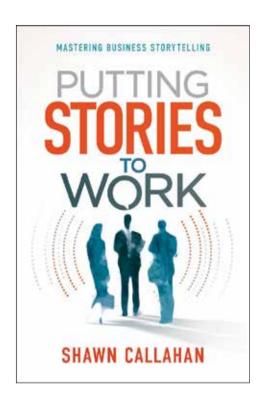
In a field where many claim to have the winning formula for powerful business storytelling, this book presents planning and options that can be applied to any of the varied situations experienced in corporate life.

Callahan provides a comprehensive journey that steps through the need for good stories, what they are made of and how to storytelling process can be mastered through the adoption of constructive habits.

Peppered with his own collection of experiences and well-composed stories, this book provides valuable links to leadership development, organisational strategy and empowering your people through a real sense of connection.

If you are looking to improve your storytelling skills, or simply searching for a breakthrough in your communications, I would certainly recommend seeing how you can use Callahan's guidance to put your stories to work.

Reviewed by Benjamin Smith





#### **POWER PLAY**

#### By Yamini Naidu

According to Yamini Naidu 'Power and influence can help you effect the change you want to see in your world'. Power Play explores

many forms of influence from coercion to collaborating and consulting, and connecting and inspiring through stories. The book shares practical tips and advice and will teach you: a range of influence tools; how to get your voice heard; refine your methods of persuasion and engage people. You don't need to read this book from cover to cover, scan and read the strategies that interest you.

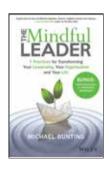


# THE FOUR MINDSETS

### By Anna-Lucia Mackay

The Four Mindsets is a result of 25 years of work and research in the field

of management. Anna-Lucia Mackay skilfully asks questions and balances this with research findings. The book is a tool for leaders, at any stage of their career to activate a high performance mindset, help increase personal and team performance. Based on adult learning principles to assist knowledge retention and learning transfer each chapter includes a summary, reflective questions and suggestions for where to start applying the strategies.



### THE MINDFUL LEADER

#### By Michael Bunting

The Mindful Leader provides a practical model for improving your leadership and life with

research based mindfulness practices and leadership behaviours. The book is designed to share 'simple and advanced approaches to mindfulness practice' and help you to consistently apply these in a leadership context. According to Bunting 'your effectiveness as a leader depends on your self-awareness.' The book helps you to develop self-awareness, take control of your life, manage stress with wisdom, boost your capacity to learn and innovate and bring out the best in others.

Members are encouraged to contact editor@aitd.com.au if you would like to review a book.